

COMPETITION HANDBOOK

NETBALL SOUTH





NETBALL SOUTH REGIONAL LEAGUES RULES AND REGULATIONS 2024/2025

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Overview

Netball South Regional League (NS-RL) is a league competition organised by Netball South to enable clubs to compete against each other to determine regional winners, whilst encouraging participation and development in netball through an open, fair, progressive, and transparent league structure.

These regulations set out below outline the Rules and Regulations ('The Regulations') which govern the operation of the NS-RL.

The Regulations must be followed by all teams, players, officials, spectators and administrators in the management, administration, and operation of NS-RL

The winner of the highest division of the Regional League (Open Division 1) will be the club/team that goes forward to the England Netball Premier League Playoff's (unless they already have a team in competing in the league). If that club is already represented in the England Netball Premier League, the next highest team in the division who is not represented will go forward to the playoffs.

1. Competition Structure

1.1 Competition Format

The competition shall be known as Netball South-Regional League (NS-RL), and the name shall be preceded by the name of such sponsor Netball South Regional Management Board (NS-RMB) may direct from time to time.

There are Three (3) distinct elements of the Competition; the League structures, the Senior League Division 3 & U19 Play Offs and the Junior Entry Tournaments. These Competition Regulations cover all matters relating to the League structures.

NS-RL shall comprise of the following leagues:

- NS-RL U13: Two divisions of 8 teams
- NS-RL U14: Two divisions of 8 teams
- NS-RL U16: Two divisions of 8 teams

NS-RL U19: Two divisions of 8 teams -

For the purposes of these regulations please note the following:

- U13, U14 & U16 will be referred to as Junior Divisions
- U19 will be referred to a Pathway Divisions to the Senior Division
- Open will be referred to as Senior Divisions

1.2 Promotion and Relegation.

NS reserves the right to amend, as necessary.

1.2.1 Promotion and relegation between NS-RL and England Netball Premier League.

1.2.1.1 The winner of OPEN Division 1 will be the club/team that goes forward to the England Netball (EN) Premier League Playoff's for promotion to Premier Netball 3.



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- 1.2.1.2 If that club is already represented in the EN Premier League, the next highest team in the division who is not represented will go forward to the playoffs.
- 1.2.1.3 Should the team representing NS at the EN Premier League Play Offs NOT gain promotion to the Premier Netball 3 competition they will be allowed to return to the NS-RL Open Division 1.
- 1.2.1.4 If a NS registered team is relegated from Premier Netball 3, then they will be allowed to re-enter the NS-RL Division 1.

1.2.2 Promotion and relegation - Open leagues (subject to provisos)

- 1.2.2.1 Division One: The teams finishing in positions 7 and 8 will be relegated to Division 2.
- 1.2.2.2 Division Two: The teams finishing in positions 1 and 2 will be promoted to Division 1. The teams finishing in positions 7 and 8 will be relegated to Division 3.
- 1.2.2.3 Division Three: The teams finishing in positions 1 and 2 will be promoted to Division 2. The teams finishing in positions 7 and 8 will be eligible to enter playoffs to re-enter Division 3.

1.2.3 Promotion and relegation - U19 leagues (subject to provisos)

- 1.2.3.1 Division 1 - The team which finishes top of NS-RL U19 Division 1 will be eligible to enter Netball South playoffs for promotion to NS Open Division 3, subject to the regulations covering the number of teams from a club in the Open Divisions.

Division 1 - In the event of the winning team not being eligible or able to take their place at Netball South playoffs the place will be offered to the next eligible team in order of final places within the U19 league.

- 1.2.3.2 Division 1 – Irrespective of whether any U19 team is successful in gaining promotion to Open Division 3, the club shall retain an U19 place in the Netball South U19 Division 1.
- 1.2.3.3 Division 1 - The teams finishing in positions 7 and 8 will be relegated to U19 Division 2
- 1.2.3.4 Division 2 - The teams finishing in positions 1 and 2 will be promoted to U19 Division 1.
- 1.2.3.5 Division 2 - The teams finishing in positions 7 and 8 will be eligible to enter play-offs to regain their play in U19 Division 2.

1.2.4 Promotion and relegation - Junior leagues

- 1.2.4.1 No promotion shall take place within the Junior leagues with teams' entry and position in the junior leagues being decided annual via the Junior Entry Tournament.
- 1.2.4.2 The Winner and Runner Up of the U16 and U14 regional league divisions 1 will progress to the National Club Finals.

For provisos, please see [Promotion & Relegation Scenarios](#)



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2 Competition Organisation & Administration

- 2.1 The Regional League shall be governed and managed by the Regional Management Board (RMB), which may delegate its powers and authority in this respect to any sub-committee or individual(s).
- 2.2 The decisions of the RMB, or its nominee(s), in respect of these rules and regulations and on any other matter related to the Regional League, which is not provided for below, shall be considered final and binding on all parties (subject to the right of appeal which is specifically provided for under England Netball's Disciplinary Regulations).
- 2.3 These rules and regulations shall be subject and secondary to the application of England Netball's rules and regulations, especially World Netball Rules of the Game .
- 2.4 It is the responsibility of all Team Managers, Coaches and Captains to ensure that all Participants are conversant with the rules and regulations and the England Netball Codes of Conduct.

3 Pre-Competition Management and Administration

3.1 Team Entry and Eligibility

- 3.1.1 Application for entry to the Regional League shall be open to any club which is an active club registered on the England Netball membership system, and which is situated within the boundaries of a County Association which is a member of the Regional Association - unless otherwise agreed by the Regional Management Board.
- 3.1.2 Entry to the Regional League will be determined by the Regional Management Board at its absolute discretion, subject to its reasonable application of the rules and regulations laid out herein, and having due regard to the playing standard of teams which wish to participate. In the same way, such casual vacancies as may appear from time to time will be addressed by the Competition TSG in whatever way it sees fit.
- 3.1.3 A club may have a maximum of 2 teams in the Open Regional League; however, they may not have 2 teams in the same division.
- 3.1.4 NS is entitled to charge an entry fee to compete in NS-RL, this must be paid in full within the permitted timescales to be eligible. This charge will include the costs associated with appointing the umpires where these are allocated by NS.
- 3.1.5 By entering a team in Regional League clubs/teams agree that:
 - 3.1.5.1 they are able and willing to fulfil the costs and commitments of participation in the Regional League.
 - 3.1.5.2 they will fulfil their obligations and responsibilities set out in the Regulations including providing an umpire where necessary.
 - 3.1.5.3 they will fulfil their obligations and responsibilities set out in the Regulations including providing an umpire where necessary.
 - 3.1.5.4 they are bound by all the rules, policies, regulations, and by-laws of England Netball, including the England Netball Code of Conduct and Disciplinary Regulations, as may from time to time be in force.
 - 3.1.5.5 They will participate in a sporting manner and play within the spirit of the game.
- 3.1.6 A club may only have 1 team in each of the U13, U14, U16 and U19 regional leagues.



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3.2 Player/ Team Official Eligibility

- 3.2.1 Any club who knowingly and deliberately provides false information regarding identity of players when registering players or naming of players on team sheets will forfeit their entry fee and may be expelled from the competition. Disciplinary action may be taken against the club.
- 3.2.2 In order to qualify to participate in the Regional Leagues, all players and coaches must be a member of England Netball as a personal adult/junior member having paid the full membership fee due and received confirmation of their membership in advance of submitting the Registration Form (or not less than four (4) days before taking to the court after the season has started). Individuals may register on the England Netball membership system via one of the following routes:
- 3.2.2.1 Through membership to a Club
- 3.2.2.2 Through membership directly to England Netball
- 3.2.3 For Open/U19 Divisions - All Players must be over 14 years old (Open and U19) as at 11.59pm on 31st August immediately prior to the commencement of the NS-RL playing season unless they have completed the age banding consent form and submitted it with the Squad Registration Sheet. All players under the age of 18 must carry proof of age (and age banding consent if applicable) as random checks may be carried out.

For Juniors - All players must be over 11 years old and under the maximum age for the specific division as at 11.59 pm on 31st August immediately prior to the commencement of the NS-RL playing season. Any player under the age of 14 at the start of the season playing at U16 or above must have completed a NS age banding consent form and submitted it to the appropriate League Administrator. Age banding consent forms for additional players must be received by 5pm on the Thursday prior to the first game to be played.

3.2.3.1 Proof of age comprises of one or more of the following:

- Copy or picture of birth certificate.
- Copy or picture of passport.
- Copy or picture of medical card.
- Copy or picture of a driver's licence.

- 3.2.4 An adult who holds an EN DBS and safeguarding qualification MUST be present at any matches where players are aged 17 and under for safeguarding purposes.
- 3.2.5 The Regional League is a competition which complies with the with the latest England Netball Gender Policy. (<https://www.EnglandNetball.co.uk/document/trans-inclusion-guidance/>)
- 3.2.6 England Netball recommends that individuals (player, coach, umpire) if pregnant, should only participate in accordance with the current England Netball guidance. Please see England Netball Insurance [FAQs](#)



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3.3 Registration of Squads

- 3.3.1 Participating teams must set up a Regional Team on ENGage in this exact format: -
Club Name Age Group and Division e.g., Allstar U14 Div1
Team Type must be set as Regional.
- 3.3.1.1 All team officials must be listed on ENGage under Team Roles for the relevant team.
- 3.3.2 Any additions to the squad must be lodged on ENGage and then emailed to the appropriate NS-RL administrator by 17:00 hrs on the Thursday prior to the fixture. Additional registration of players will not be accepted after 17.00 hrs on the Thursday prior to the scheduled date for round 11. Teams will be notified, at the start of the season, of the exact date.
- 3.3.3 Once a player has been named on a Results Sheet they cannot play for another Regional League team, unless the player meets the criteria for a transfer (see transfers section 3.6).
- 3.3.4 The League Administrators may in exceptional circumstances allow a Player to transfer between two clubs/teams at any time during the playing season e.g., should that Player move house / relocate to an area were playing for her original team would not be practical.
- 3.3.5 Each team must declare up to twelve (12) players prior to the start of each match by completing a Regional League Team Sheet and submit it to the Technical Officials table at least 15 minutes prior to the scheduled start time.
- 3.3.6 Players registered for this Regional League may only play for one club.
- 3.3.6.1 To allow player progression, players can play for a different club in the senior leagues to the club they play for in the junior leagues. For clarity, Senior leagues include OPEN Divisions 1, 2 & 3 and U19 Divisions 1 & 2
- 3.3.7 A player and/or team cannot participate in more than one Region's Open Regional League or competition, within the same season.
- 3.3.8 Any Player that is also registered to an England Netball Premier League Team can only play a maximum of 25% (18 quarters) of the available quarters in the Premier League Competition. Once a player has taken to court for the 18th quarter, they are deemed ineligible to play in this Regional League and tied up to the Premier League team. Any player who plays in a Regional League fixture after playing in 25% of quarters in the England Netball Premier League will be sanctioned in line with these regulations. The one exception being a player U19 and below), who may continue to play in their age-appropriate age group (and only this age group), providing they were registered with said team prior to playing the 18th Quarter in the England Netball Premier League.
- 3.3.9 A player, once signed with a Super League team (NSL), cannot play in the Regional League.
- 3.3.10 Any players are aged 18 or below at the start of the season may only play eight (8) quarters in regional fixtures during any 48-hour period



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- 3.3.11 Only players who have taken to the court (played at least one (1) quarter) during the course of the season (prior to the cutoff date advised) will be eligible to compete for their registered team within the Open Play Offs unless they have been tied to a higher team, including Premier league and Super League.
- 3.3.12 Clubs which have a team participating in more than one Open NS-RL division will register all players identifying eight tied players who can only play in the highest division in which they have a team.
- 3.3.13 Clubs which have more than one Junior team will register players in all teams that they play in.
- 3.3.14 Only those players listed in the team on Engage, within the defined timescale, will be considered registered for that team.
- 3.3.15 All non-tied players in Open Divisions of NS-RL will be able to play in any higher NS-RL division up to a total of 25% of quarters played (14 quarters). Once the fourteenth (14th) quarter is played they are tied to the highest team they have played for throughout the season. See also Section 3.3.8
- 3.3.16 In the U19 and Junior divisions of NS-RL, a player will be able to play in any higher/older age group division of the NS-RL up to a total of 25% of quarters played (14 quarters). Once the fourteenth (14th) quarter is played the player is then tied to the highest /older age group NS-RL team they have played for throughout the season. If the highest team to which they are tied is in Open Division 1/2/3, the player will also be able to play for their appropriate age group, providing said player was registered for that age group at the start of season but no age group/division in between. See Section 15 and also Section 3.3.8
- 3.3.17 Permission of the CTSG, through the League Administrator, must be sought for a player registered to a higher division or league to play in a lower division or league and will only be granted in exceptional circumstances.

3.4 Competition Venues

- 3.4.1 Teams must submit a [Risk Assessment](#) for all venues before the start of the season so the venue can be approved by CTSG & OTSG. For new venues identified during the season a Risk Assessment must be completed and submitted as soon as possible and before the venue is used.
- 3.4.2 Matches will be played wherever possible on an indoor court. The courts must have adequate surrounds and surface and with ancillary facilities, including changing and showering facilities for both teams and officials, unless otherwise agreed by NS
- 3.4.3 All venues must be within a SR County unless otherwise agreed by the CTSG through the League Administrator.
- 3.4.4 The home team is responsible for arranging the venue, and for the cost of this.



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- 3.4.5 Prior to each match, on the day of the fixture it is the responsibility of the home team, together with the opposition to conduct a risk assessment using the standard online form. To complete the form the home team will consult the umpires after they have done their checks.
- 3.4.6 Where a venue has a balcony/viewing gallery no spectators will be allowed courtside.
- 3.4.7 Umpires will undertake pre-game checks to ensure the game is safe to play. It is within their jurisdiction to not allow a game to go ahead and move or remove spectators from courtside. In instances where risks have been identified, a copy should be sent to NS-RL administrator.
- 3.4.8 Where venues are deemed unsuitable, by the officials, for the fixture on the day, one of the following will apply:
 - 3.4.8.1 Rearrangement played as an away fixture, and the original home team incur all costs.
 - 3.4.8.2 Home Team concede.
- 3.4.9 The home team is responsible for providing hospitality for both teams and all match officials in the form of suitable and substantial refreshments served in a timely fashion after the match, maintaining current Government Guidelines and sanitation protocols unless agreed with League Administrator and/or the opposition. Umpires must be made aware before the match if it is agreed that no refreshments will be provided.
- 3.4.10 Each court will have home and away benches where coaches, substitutes and team officials must sit. An official table area will be provided where the scorers and timekeepers of both teams must be situated throughout the match.

3.5 Accidents

- 3.5.1 If an accident occurs at any match where a player, coach, official (umpire, Technical Official or Team Official), spectator or staff member is injured, the accident reporting procedure should be followed as detailed on www.englandnetball.co.uk/membership/insurance/report-a-claim/. This procedure should be followed for ALL injuries and accidents where the game is stopped for longer than 30 seconds, regardless of whether or not medical treatment is given.

3.6 Player Transfers

- 3.6.1 A transfer window will operate for all divisions 15th December to 1st January.
 - 3.6.1.1 Players may request a transfer between Regional Clubs under the following conditions.
 - 3.6.1.2 Players may ONLY transfer provided the transferring player has taken to the court in less than 12 quarters of the NS-RL games.
 - 3.6.1.3 The request will be made by using the Transfer request form on the NS website.
 - 3.6.1.4 Players cannot start playing for the new team until confirmation that the transfer is complete and has been received from the league administrator.



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4 Fixture Arrangements

4.1 Competition Scheduling

- 4.1.1 All matches MUST be played on the specified published fixture dates.
- 4.1.2 The start time of each match will be no earlier than 10:00 or later than 15:00. Any dispute over start times will be determined by the Competition Referee. This can be extended to 09:30 to 15:30 start if both teams agree. In exceptional circumstances the Competition Referee may, with the agreement of both teams, permit a start time outside 09:30 – 15:30.
- 4.1.3 The home team must provide, via email, re-confirmation of the fixture, its start time and travel directions (including postcode) at least ten (10) days prior to the date of the fixture. This email must be sent to The Opposition The 2 umpires & OTSG, if umpires allocated. Any alterations due to exceptional circumstances must be notified to the Competition Referee & League Administrator who will determine details of the rearrangement.
- 4.1.4 The away team will be responsible for arranging its own travel and the cost of this. The away team should allow sufficient travelling time to cover any unexpected delays. If a team is delayed in arriving for a fixture, the following protocol must be observed:
 - 4.1.4.1 Inform the opposing team and umpires as soon as they are aware of a delay.
 - 4.1.4.2 Any team which fails to arrive on time must take the court and be ready to play as soon as possible and in any event within 15 minutes of the agreed start time.
 - 4.1.4.3 Any team taking to the court more than 15 minutes after the agreed start time will concede the match, save in exceptional circumstances, where the Competition Referee may permit a start time more than 15 minutes after the agreed start time.
 - 4.1.4.4 Advise the league administrator by indicating on the Results Sheet under the comments section.

4.2 Postponements

Sections 4.2.1 to 4.2.5 applies to OPEN Divisions.

Sections 4.2.6 to 4.2.9 applies to U19 and Junior Divisions.

- 4.2.1 No team may postpone or cancel a fixture.
- 4.2.2 If a team cancels/concedes a match:
 - 4.2.2.1 The non-offending team will be awarded five (5) league points and 10-0 score for the match. The team which conceded will have five (5) league points deducted from their total and incur a fine.
 - 4.2.2.2 The team which cancelled/conceded may be liable to pay any costs which the non-offending team, umpires or OTSG has incurred.



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- 4.2.3 The League Administrator may grant a postponement in extreme circumstances e.g., flash flood, heavy snowfall, For clarity, Injuries, illness (including covid-19), pregnancy, England Camps, NPL fixtures or county play days, school fixtures, non-affiliated/other netball competitions do not qualify as unforeseen circumstances.
- 4.2.4 If a fixture is postponed or cancelled, it is the responsibility of the home team to ensure that the League Administrator, the opposition and both umpires are informed immediately the postponement or cancellation is known.
- 4.2.5 In the event that a match is abandoned for any reason, (e.g., because of serious injury), the Competition Referee, or its nominee(s), having regard to the score at the time at which play was suspended will determine the result or rule the match should be replayed.

For U19, U16, U14 and U13 the following will apply:

- 4.2.6 Rearrangements due to “Higher level” netball
- 4.2.6.1 Teams may request to postpone and rearrange a match where **2** or more registered players of the team are involved in a [higher level of netball](#) or County/National rounds of National Schools. These players must have taken to the court in a NS-RL game for the relevant age group that the request is being made for and be listed as players selected in a higher level of netball where this is the basis of the request to rearrange.
- 4.2.6.2 A maximum of 4 requests to postpone per team, which meet the criteria above, will be approved during the season.
- 4.2.6.3 Where the request is for Franchise academy trials the details of players involved must be confirmed by the Franchise coach and the club must have requested a rescheduled trial, prior to asking for a rescheduled fixture and proof sent to the League administrator.
- 4.2.6.4 No team may cancel without PRIOR agreement with the CTSG.
- 4.2.6.5 Postponed matches must be played on the next available reserve date or date determined/agreed by the CTSG.
- 4.2.6.6 Rescheduled dates must be confirmed in writing to the appropriate League Administrator as soon as agreed.
- 4.2.6.7 The rescheduled date will become a published fixture date and will be bound by the rules set out for scheduled fixtures.
- 4.2.6.8 Matches postponed or cancelled by the CTSG or OTSG due to extreme and unforeseen circumstances, e.g., severe weather conditions will be played on the next available reserve date or date determined by the CTSG. Prior to the last round of the competition.
- 4.2.7 Other Rearrangements
- 4.2.7.1 Providing BOTH TEAMS agree, teams may rearrange matches subject to the following:



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- 4.2.7.1.1 The rescheduled date is within the same half of the season i.e. first half must be played before Christmas, second half must be played before 30 April.
- 4.2.7.1.2 For U19 matches the proposed rearrangement date **MUST** be agreed with the OTSG to ensure that the OTSG can supply umpires for the proposed rescheduled date. If OTSG cannot supply umpires, then an alternative date must be found, or the fixture must be played on the original date.
- 4.2.7.1.3 The CTSG must be advised **BY BOTH TEAMS** at least 10 days in advance of the original or rescheduled fixture date (whichever is the earliest).

- 4.2.7.2 If both teams cannot agree, and the game does not meet the criteria for a rearrangement under Section 4.2.6, the game must be played on the original fixture date.

- 4.2.7.3 The rescheduled date will become a published fixture date and will be bound by the rules set out for scheduled fixtures.

- 4.2.7.4 If a fixture is postponed or cancelled, it is the responsibility of the home team to ensure that the League Administrator, the opposition and both umpires are informed immediately the postponement or cancellation is known.

- 4.2.7.5 In the event that a match is abandoned for any reason, (e.g., because of serious injury), the Competition Referee, or its nominee(s), having regard to the score at the time at which play was suspended will determine the result or rule the match should be replayed.

- 4.2.8 If a team cancels/concedes a match:
 - 4.2.8.1 The non-offending team will be awarded five (5) league points and 10-0 score for the match. The team which conceded will have five (5) league points deducted from their total and incur a fine.
 - 4.2.8.2 The team which cancelled/conceded may be liable to pay any costs which the non-offending team, umpires or OTSG has incurred.

- 4.2.9 In the event that a match is abandoned for any reason, (e.g., because of serious injury), the Competition Referee, or its nominee(s), having regard to the score at the time at which play was suspended will determine the result or rule the match should be replayed.

4.3 Match Rules and Format

- 4.3.1 All games shall be played to the World Netball Rules of the Game currently in force in England at the time, except where specific regulations may apply.

4.4 Match Timings

- 4.4.1 All matches shall be of one hour's duration (i.e., four quarters of 15 minutes each)
- 4.4.2 All matches shall have an interval of five (5) minutes at half time, and intervals of three (3) minutes at quarter and three-quarter time.



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4.5 Kit and Equipment

- 4.5.1 Where a clash of colours is deemed likely by the umpires the home team shall arrange a change of bibs to mitigate the colour clash to the satisfaction of the umpires.
- 4.5.2 Both teams are responsible for providing a suitable match ball which should be supplied to the Table before the start of the match. The Umpires will decide which ball will be used for the duration of the match.

4.6 Match Officials

- 4.6.1 In the event that an umpire fails to arrive, or is injured or taken ill during a match, the following procedure will be applied:
 - 4.6.1.1 If another umpire of the appropriate minimum standard is available, then they will umpire the match.
 - 4.6.1.2 Failing that, the next best-qualified umpire should be used.
 - 4.6.1.3 If the appointed umpire arrives late and the game has already commenced, the umpire that started the game will continue for the entire duration of the match.
 - 4.6.1.4 The home team must inform the Regional League Administrator and the OTSG immediately after the match.
 - 4.6.1.5 Replacement umpires who may be a coach are not allowed to coach during the match or at intervals.
 - 4.6.1.6 A replacement umpire MUST be an ACTIVE MEMBER OF ENGLAND NETBALL as listed on the ENgage system.
- 4.6.2 Neutral umpires will be allocated, by the OTSG, for all divisions of the Open & U19 Leagues.
- 4.6.3 Teams will be notified of the umpire appointments in advance of the fixtures. Any changes made immediately prior to the fixture will be notified to the teams by the OTSG.
- 4.6.4 If the OTSG reallocates an umpire, they will provide your team with a replacement.
- 4.6.5 Each Junior team must provide an active umpire with the minimum of a C award. The umpire cannot be the coach listed on the Results Sheet for the team except in exceptional circumstances (see Section 4.6.1)
- 4.6.6 If the home team agrees to provide both umpires, then they are responsible for finding a replacement if required. If insufficient umpires are available for the game, then the team responsible may be liable to pay any costs which the non-offending team and the game will be rescheduled.



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4.7 Technical Officials

- 4.7.1 The Technical Officials are the Scorers and Timekeepers and shall constitute the Officials Bench.
- 4.7.2 The Technical Officials do not need to have an EN membership and cannot hold any other role.
- 4.7.3 Each team MUST provide a competent scorer, either an umpire, technical official or a person with a working knowledge of scoring. Scorers will be required for all fixtures.
- 4.7.4 The home team MUST provide at least 1 timekeeper for each match played. The timekeeper(s) MUST have a working knowledge of the World Netball rules currently in force.
- 4.7.5 If agreed in writing (email is sufficient) between both teams, the home team can provide all Technical Officials for a fixture.
- 4.7.6 Technical Officials must record all game management on the Results Sheet. which must be verified by the umpires.
- 4.7.7 Technical Officials must remain neutral and have no other involvement during the match.
- 4.7.8 Scorers and Timekeepers may not be members of the squad named for that match and must officiate for the whole game.
- 4.7.9 One of the Technical Officials provided must be at least 18 years old.

4.8 Team Officials

- 4.8.1 A team may have up to five (5) Team Officials. These will include a coach and at least one Primary Care person. All Team Officials must hold appropriate membership to EN.
- 4.8.2 A Primary Care person:
 - 4.8.2.1 a) must be qualified to diagnose and treat injury or illness with a minimum of a first aid qualification (copy of first aid certificate to be made available at each match)
 - 4.8.2.2 b) Must wear Primary Carer identification.
 - 4.8.2.3 c) Is permitted on the court during a stoppage for injury/illness of a Player or blood issues.
 - 4.8.2.4 d) Must advise the umpires if a Player is too ill/injured to be removed from the court within 30 seconds and/or if assistance is required.
- 4.8.3 Team Officials may be fewer than specified and may therefore undertake several duties. However, Primary Care person/s must not also be a Player listed on the Results Sheet and it is preferable that they do not hold any other role.
- 4.8.4 The Team Officials and up to five (5) players not on court shall constitute the Team Bench
- 4.8.5 The Team Bench will be situated as agreed with the Umpires.
- 4.8.6 Safeguarding Officer – to be present on the team bench where a team has a player(s) under the age of 18 years of age listed on the squad registration sheet.



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4.9 Scoring

4.9.1 Teams will be awarded league points as follows:

- a) Five (5) points for a win.
- b) Three (3) points for a draw.
- c) Two (2) points for a loss if within 5 goals of the winners' score – i.e., 50-46 = 2 points, 50-45 = 1 point
- d) One (1) point for a loss if more than 50 per cent of the winners' score
- e) Zero (0) points for a loss

4.9.2 NS-RL tables will be compiled based on the points awarded. Where teams are level on points:

- a) Goal average (goals for divided by goals against) shall be used to determine their relative positions, i.e., the team with the higher average score over the course of the season shall take precedence.
- b) In the event that goal average does not differentiate between the teams, then goal difference shall be applied, i.e., precedence shall be given to the team with the greater difference between goals scored and goals conceded.
- c) In the event that goal difference does not differentiate between the teams, then the team with the greatest number of goals scored shall take precedence.
- d) In the event that neither Goal Average nor Goal Difference nor goals scored can differentiate between the teams, the aggregate score in the match or matches played between them over the course of the season shall be calculated and precedence given to the team whose scores were greatest.

4.9.3 In the event that none of the above differentiates between the teams, then Competition Referee or its nominee shall determine the means of differentiation.

4.9.4 Note - Where one of the teams has its Goal Average, Goal Difference or total number of goals scored affected by conceded fixtures, then all goals scored by and against conceding team(s) in all fixtures shall be omitted from the calculations of both team's level on points. Except where one of the team's levels on points is the conceding team, at which point they assume a goal average of 0 and will be the lowest ranked team of those level on points.

4.10 Registration of Results

4.10.1 The completed Result Sheet must be handed to the Technical Officials table 15 minutes prior to the start of the match.

4.10.2 Both Result Sheets must be agreed by both scorer(s)

4.10.3 Each team submits their match score directly to the relevant WhatsApp group by 20.00 hrs on the day of the fixture, after which league tables will be published within 48 hrs where possible.

4.10.4 Each team MUST also submit their own Results Sheet using the QR Code on the form immediately after the fixture.

4.10.5 Failure to do so within 24 hrs will result in a [sanction](#).

4.10.6 Any emails sent to the League Administrators or OTSG regarding fixtures must be detailed in the subject line as: Age Group, Division and Teams.
(E.g.: Open Div. 2 HOME TEAM OPPOSITION).



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4.10.7 The official Result Sheet and Running Score Sheet must be retained by the individual team as this may be requested at any time.

4.10.8 Playing under Protest

4.10.8.1 For all other matters under protest, the club representative must:

4.10.8.1.1 must inform the opponents and the Umpires issue under Protest.

4.10.8.1.2 mark the Results Sheet clearly "Under Protest".

4.10.8.1.3 Add to the Results Sheet the issue with a full explanation of the issue under Protest.

4.10.8.1.4 Complete the Under Protest which can be located using the following link:

- Under Protest and Matters of Concern
- Once completed email the League Administrator, within 72 hrs of the match.



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5 Competition Referee

- 5.1** As set out above, a Competition Referee will be appointed by the regional league administrators. The Regional league administrators may appoint a separate Competition Referee solely for the Regional League Play-offs.
- 5.2** The Competition Referee will have the authority and jurisdiction to make decisions on any matters arising throughout the Competition including, but not limited to:
- 5.2.1 altering or amending the playing schedule, as necessary.
 - 5.2.2 determining if there has been a breach of the Regulations and imposing an appropriate sanction, including, but not limited to:
 - 5.2.3 The use of a player without an active England Netball Membership in a fixture or fixtures will result in a deduction of three league points, but the result of the fixture will still stand.
 - 5.2.4 The use of an unregistered player or a player who is underage without written permission from the Competition Referee will result in a deduction of three league points, but the result of the fixture or fixtures will still stand.
 - 5.2.5 In the event that a team concedes a fixture (see Section 4.2) the non-offending team will be awarded five points for the match and the conceding team will have five points deducted from their total.
 - 5.2.6 Conceding on more than one occasion (i.e., two or more league fixtures) will result in expulsion from the League.
 - 5.2.7 Failure to provide Technical Officials as required will result in a £100 fine for the offending team. If the home team agrees in writing to provide all Technical Officials and does not, they will be fined £100.
 - 5.2.8 Disqualification of any individual Player or Team.
- 5.3** Adjudicating instances of unsportsmanlike behaviour or behaviour that brings the sport into disrepute, including instances of Teams predetermining, or attempting to predetermine, the outcome of a Match and/or the Competition.
- 5.4** Maintaining and being responsible for a confidential Competition Referee Logbook, where appropriate.
- 5.5** Determining the score should any Match not be concluded due to any unforeseen circumstance.
- 5.6** Enforcing the decision by any medical advisor, including, but not limited to England Netball's appointed doctor or physiotherapist, regarding the participation of a player and whether they are able to:
- 5.6.1 Disqualification of any individual Player or Team.
Or
Continue to play.



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- 5.6.2 determining any matter not covered specifically within these Regulations.
- 5.6.3 The Competition Referee may call upon, or delegate to, additional persons to assist with the Competition or consult with other persons prior to making any decision. However, the final decision and accountability for the decision will rest with the Competition Referee.

6 Competition Complaints Procedure

- 6.1 All queries and complaints (“a Complaint”) should be directed to the Competition Referee in the first instance, which will be dealt with as follows:
- 6.2 During the Regional League Competition stage, where the Complaint relates to the playing of a Match, the scoring and/or its result, the relevant Squad member or Team Official must do the following:
- Inform their opponents and the Umpires of their Complaint.
 - Mark the Scoresheet with the words “Under Protest.”
 - Send the marked Scoresheet to the Competition Referee, within seventy-two (72) hours of the Match.
 - Attach a letter to the Scoresheet to explain the issue in full to the Competition Referee.
 - The Competition Referee will decide what action should be taken.
- 6.3 The Competition Referee will acknowledge receipt of the query or Complaint and make a decision on the matter within seventy-two (72) hours of receipt of the query or Complaint. The Competition Referee’s decision in relation to decisions taken under clause 6.2 is binding apart from where parties to the Complaint ‘have the right’ to appeal the decision under Section 7 below.
- 6.4 Where a Complaint relates to the governance or administration of the Competition by the Competition Referee, such complaints will be dealt with under the Complaints Procedure of England Netball.
- 6.5 Where the Complaint relates to the behaviour of an individual Player or Team participating in, or a volunteer or individual attending a Match, which could be considered as a Disciplinary Offence under England Netball’s Disciplinary Regulations, such Complaint will be dealt with in accordance with the processes set out in England Netball’s Disciplinary Regulations and should be referred to the Disciplinary Secretary of England Netball.



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7 Appeal of the Competition Referees Decision

- 7.1** The decision of the Competition Referee in relation to a Complaint submitted in accordance with section 6.1 shall be final and binding on all parties save that a party has a right to appeal in the following circumstances:
- 7.2** If the decision has a potential impact on a match result, a league table, or the outcome of the Competition; AND
- 7.3** If there has been a failure by the Competition Referee to follow or act in accordance with these Regulations and/or the Competition Referee reached a decision on the basis of an error of fact.
- 7.4** These are the only grounds of appeal, and any appeal must be submitted in accordance with the appeals process set out below.
- 7.5** An appeal should be forwarded in writing from the Team Manager of the appealing Team to the Netball South Resolution Officer within seventy-two (72) hours of their receiving the decision of the Competition Referee.
- 7.6** The appeal shall be accompanied by a cheque for £100 which shall be returned if the appeal is upheld or if there are any other extenuating circumstances. The Competition Appeals Committee ("CAC") will decide whether the extenuating circumstance warrant the cheque being returned.
- 7.7** The Netball South Resolution Officer will establish a CAC which will consist of individuals that are independent of and not connected the Competition. One of those individuals will be appointed as the Chair. The CAC will usually but not exclusively be three members of Netball South Regional Management Board.
- 7.8** The Chair of the CAC will give notice of the appeal to the opposing Team and any other Team the CAC believe could be affected by the outcome of the appeal. These Teams will be permitted seventy-two (72) hours, from the time that the appeal notice is sent from the CAC to submit any evidence or submission that they wish the CAC to consider.
- 7.9** All submissions and evidence must be submitted in writing. The Chair of CAC will otherwise have the discretion to determine the process, procedure, and direction of the appeal.
- 7.10** The CAC shall meet and reach a determination within seventy-two (72) hours of receiving all the evidence and submissions.
- 7.11** The CAC will notify all the parties that made submissions and presented evidence of its decision and any penalties and sanctions imposed within twenty-four (24) hours of it reaching its determination. The CAC shall have the discretion to publish the decision through whatever medium it considers appropriate.
- 7.12** The CAC shall have the delegated power of England Netball to make all decisions and impose and enforce any penalties and sanctions (including but not limited to; reprimands, the deduction of points, fines, suspensions, and expulsions from the Competition) relating to the appeal. There is no further right of appeal on this decision.
- 7.13** The procedures set out in this Section 7 shall be governed by the Arbitration Act 1996 (the Act) and amount to a binding arbitration agreement for the purposes of Section 6 of the Act.



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- 7.14** The parties also waive irrevocably their right to any form of appeal, review or recourse to any court or other judicial authority, or under England Netball's Disciplinary Procedures Manual or otherwise, as far as such waiver may be validly made.
- 7.15** The seat of arbitration shall be England, the language used shall be English and the governing law of the regulations and these proceedings under Section 7 shall be English Law.
- 7.16** If the circumstances require a decision to be taken sooner than provided for by this Section 7, and all parties to the appeal consent, the timetable within which an appeal is raised, submissions made, and the decision taken can be shorter than the seventy-two (72) hours stated in this Section 8. In such cases the CAC shall issue a revised directions timetable which shall be binding on all parties.
- 7.17** In order to adhere to the timescales, set out in this Section 7, all communication will take place via electronic mail to the contact held on England Netball's administration system for the Competition, which is confirmed in the Registration Pack at the start of the season or if this is left blank, the contact provided to on ENgage. It is the participating Teams' responsibility to ensure that these contact details are kept up to date.



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8 Complaints and Whistleblowing

Netball South is committed to providing a First-Class Participant Experience. We hope that most problems, concerns, or areas of dissatisfaction can be resolved informally at the time they occur. However, should that not be possible or appropriate, we take complaints about our policies, decisions, and service provision seriously, and are committed to investigating all valid concerns, with a view to establishing what went wrong and whether there are service improvements or lessons to be learnt to ensure we are 'the best we can be'.

All matters relating to Code of Conduct, Safeguarding, Discipline or Whistleblowing must be directed to EN as a complaint [@ EN Complaints](#)

All other matters should be raised as a "matter of concern" to the Netball South Resolution Officer using [this form](#).

9 Fair Play

9.1 NS encourages and expects fair play, therefore:

- a) Instances of unsportsmanlike behaviour or behaviour that brings the sport into disrepute will be subject to [Sanction](#) and potential referral to England Netball as a breach of their Code of Conduct.
- b) Teams or individuals predetermining, or attempting to predetermine, the outcome of a Match and/or the Competition will be subject to [Sanction](#) and potential referral to England Netball as a breach of their Code of Conduct.
- c) All cautions, warning, suspensions and sending offs (Game Management) will be recorded on the Result Sheet, noting which quarter it occurred.
- d) A record will be maintained of player Game Management infringements through the season.
- e) Any player who receives several game management infringements during the season could be subject to sanctions – See [Sanctions](#)

10 Photography/Filming/Streaming

10.1 Teams wishing to take photos or video recordings of matches must email the opposition and all officials 10 days prior to the fixture to request permission. If agreement is not received from all parties, then no photos or video recording will be allowed at the fixture. Agreement cannot be requested on the day of the fixture. These photos and videos should be used for training purposes only and not shared or published on social media. All teams must be aware that any video recordings may be used in the event of any dispute or hearing required to be decided by the league.

10.2 Teams wishing to live stream a match, must check with the opposition and umpires well in advance of the fixture date – not on the day – and provide details of where the recording will be streamed and who will have access to it to enable the opposition to make an informed decision. In every case however, the video must be password protected and only available to the 2 teams playing.



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11 Miscellaneous

- 11.1 England Netball and NS will not be liable to any person, whether in contract, tort (including negligence) or otherwise for any direct or indirect loss or injury of any nature, howsoever caused and howsoever arising from the matters covered by these Regulations, provided that nothing in these Regulations excludes or restricts England Netball's liability for any personal loss or injury caused by England Netball's own negligence, the negligence of its employees, or for fraud.
- 11.2 If any of these Regulations are held by any competent authority to be invalid or unenforceable, the remainder of the Regulations shall not be affected thereby.
- 11.3 These Regulations shall be governed by and interpreted in accordance with English law.
- 11.4 Any questions regarding these Regulations can be addressed to the relevant League Administrator.
- 11.5 NS will be entitled to amend these Regulations each year in advance of the Competition and such amendments will take effect from the first date of publication of the completed amended document on the NS website.
- 11.6 Under extenuating circumstances these rules & regulations can be amended. All teams will be notified of the changes and the dates of enforcement.



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12 DEFINITIONS

NS-RL	Netball South Regional League
NS	Netball South
Junior Divisions	U13, U14, U16
Senior Divisions	U19 and Open
Home Team	First named on fixture list and hosting fixture.
Higher Level of Netball –	<ul style="list-style-type: none">● National team fixture● National Academy● Franchise Academy Trials● Franchise NPL U23, U19 and U17 official league fixture.
CTSG	Competitions Technical Support Group
OTSG	Officiating Technical Support Group
Officials Bench	Constitutes Technical Officials who are Scorers, Timekeepers
Team Officials	Coach(s), Primary Care Person(s), Team Manager(s) – Maximum 5 persons The coach, primary carer & players must hold full membership of EN. Anyone else sitting on Team Bench must have a minimum of Social &, Supporting Membership but must be made aware that they will not be covered by EN insurance should an accident or injury occur.
Team Bench	Team Officials & maximum of 5 substitute players
Primary Carer	Must have completed a recognised certified First Aid course.
Competition Referee	the Competition Referee will be the Competition Director, as chair of the CTSG. Should the Competition Director role be vacant, or the Competition Director be unavailable, the Competition Referee shall be appointed by the Regional Management Board. Contact details can be found on www.netballsouth.co.uk
Nominated delegate	individual appointed if Competition Referee is not available.
CAC	Competitions Appeals Committee means a body of up to three (3) individuals who are independent of and not connected to the Competition that will hear a or a group of appeal(s) on the Competition Referee's decision as set out in section 7.
Secretary of CAC	Person appointed to act as Secretary of the CAC
Active Umpire	C or above umpire who currently umpires at variety of Leagues & Levels



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Coach

- 1) A Level 2 Coach who is Safeguarding trained and DBS checked.
- 2) A Level 1 Coach who is Safeguarding trained and DBS checked.
- 3) Club officials who are Safeguarding trained and DBS checked (maybe different personnel)
- 4) Player Coach
- 5) Team official

Where a team has U18 players then one of 1, 2, or 3 above must apply.
Where a team has no U18 players then additionally 4, 5 above are acceptable.

Pathway

Designed for young people to move progressively through sport to provide greater opportunity to gain skills in line with their level of maturation. Moving easily from one stage of involvement to another. Be motivated and have fun while developing their skills.

Ineligible Player/Official

No EN membership paid in South, County or Club

Unregistered Player

Not listed on Engage for the correct Regional Team



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13 SANCTIONS FOR BREACHES OF THE COMPETITION REGULATIONS

Reg	Breach	£ Fine	Points Deduction	Other
3.2 & 3.3	Playing an ineligible player		3	Result will stand
3.2 & 3.3	Playing an unregistered player		3	Result will stand
3.2 & 3.3	Ineligible Team Official		3	Results will stand
3.3.7	Overplaying U18 within 48 hrs		3	Result will stand. Per player
4.2.4 & 4.2.8	Conceding/cancel one game	25	5	Plus, any associated costs incurred by opposing team and OTSG
	Conceding/cancel more than one game	100	5	Expulsion from the league for the remainder of the season and need to re-enter through appropriate route (e.g., entry tournament or play offs)
	Withdrawal from the league	100	5	
4.1.3	Failure to notify opposition and/or umpires of match details 10 days in advance of fixture – first offence			Reminder of regulation 4.1.3
	Failure to notify opposition and/or umpires of match details 10 days in advance of fixture – second offence (notification within 24 hours of reminder from CTSG)			Plus, a reminder that details must be provided within 24 hours.
	Failure to notify opposition and/or umpires of match details 10 days in advance of fixture – second offence (notification not received within 24 hours of reminder from CTSG)			Game forfeited and sanctions as per regulation 4.2.4 & 4.2.8
	Failure to notify opposition and/or umpires of match details 10 days in advance of fixture – third offence			Game forfeited and sanctions as per regulation 4.2.4 & 4.2.8
4.6, 4.7 & 4.8	Failure to provide Officials – First offence	10		
	Failure to provide Officials – Second offence	25		
	Failure to provide Officials – Third offence and more	50	2	Per subsequent incident
4.10	Incomplete Results Sheet – First offence			Reminder of how to complete referring to guidance on website
	Incomplete Results Sheet – Second offence	5		
	Incomplete Results Sheet – Third offence and more	25	2	Per subsequent incident
4.10	Late submission of Results Sheet – First Offence			Advisory note with reminder of timescales and signpost to where more guidance can be found



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	Late submission of Results Sheet – Second Offence	25	2	
	Late submission of Results Sheet – Third Offence and more	50	5	Per subsequent incident
9	Instances of unsportsmanlike behaviour or behaviour that brings the sport into disrepute			Potential interim suspension and referral to EN under section 5.2.1
9	Teams predetermining, or attempting to predetermine, the outcome of a Match and/or the Competition			Potential interim suspension and referral to EN under section 5.2.1
9	Player who receives 4 warnings during a season			One match Ban - may be carried over to next season
	Player who receives 8 warnings during a season			Two match ban – may be carried over to next Season
	Player who receives 10 warnings during a season			Suspension for the remainder of the season or three match ban which may be carried over to the next season – Whichever is the longer
6.1	Player who receives 2 suspensions during a season			Two match ban – may be carried over to next Season
	Player who receives 4 suspensions during a season			Suspension for the remainder of the season or three match ban which can be carried over to the next season (Whichever is the longer). Also, consideration for referral to EN under EN Section 3.1.8
6.1	Player, coach, or team official ordered off during or after a match – First Offence			Two match ban – may be carried over to next Season
	Player, coach, or team official ordered off during or after a match – Second Offence			Suspension for the remainder of the season or three match ban which can be carried over to the next season (Whichever is the longer). Also, consideration for referral to EN under EN Section 3.1.9

Teams will be invoiced for any fines due and failure to pay within 10 working days will mean a team may not be allowed to enter the league the following season.



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14 PROMOTION & RELEGATION SCENARIOS – OPEN DIVISIONS

Positions at end of season Regional League			Scenario 1 - No change in teams from Premier League			Scenario 2 - Regional League winners promoted to Premier 3			Scenario 3 - Premier League 3 team relegated Regional League		
Div. 1	Div. 2	Div. 3	Div. 1	Div. 2	Div. 3	Div. 1	Div. 2	Div. 3	Div. 1	Div. 2	Div. 3
1	9	17	1	7	15	2	8	16	Z1	7	15
2	10	18	2	8	16	3	11	19	1	8	16
3	11	19	3	11	19	4	12	20	2	10	18
4	12	20	4	12	20	5	13	21	3	11	19
5	13	21	5	13	22	6	14	22	4	12	20
6	14	22	6	14	22	7	15	E1	5	13	21
7	15	23	9	17	E1	9	17	E2	6	14	22
8	16	24	10	18	E2	10	18	E3	9	17	E1
			23 enter the playoff tournament. 24 enter the playoff tournament. E1 Winners of play off tournament E2 Runners up play off tournament			23 enter the playoff tournament. 24 enter the playoff tournament. E1 Winners of play off tournament E2 Runners up play off tournament. E3 3 rd placed at play off tournament			23 enter the playoff tournament. 24 enter the playoff tournament. E1 Winners of play off tournament Z1 team relegated from Premier 3		



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15 PLAYING IN HIGHER/OLDER DIVISIONS - EXAMPLES

15.1 CLUBS WITH TEAMS IN OPEN DIVISIONS AND EN PREMIER LEAGUE (EN-PL)

**Example 1 - Only registered for one Open NS-RL team and EN-PL
Plays 18 quarters in Premier League**

	N/A	Registered OPEN Team	EN - PL	Consequence
No of Quarters Played	N/A	13	17	
Action	Plays an additional Quarter for EN Premier League Team			
Revised Quarter total	N/A	13	18	<ul style="list-style-type: none"> Player is now tied to EN Premier Team and can no longer participate on the NS-RL

**Example 2 – Registered for two NS-RL Open Teams and EN-PL.
Plays 14 quarters for higher NS-RL before playing 18 quarters in EN-PL**

	Registered OPEN Division 2/3	OPEN Div 1/2 team	EN - PL	Consequence
No of Quarters Played	26	13	10	
Action	Plays an additional Quarter for higher OPEN team			
Revised Quarter total	26	14	10	<ul style="list-style-type: none"> Player is now tied to higher OPEN team. Can no longer play for lower OPEN team. Can continue to play in higher OPEN team until they play 18 Quarter for EN Premier League team

**Example 3 – Playing for two NS-RL Open Teams and Premier league.
Plays 18 quarters in Premier League before playing 14 quarters for higher NS-RL team.**

	Registered OPEN Division 2/3	OPEN Div 1/2 team	EN - PL	Consequence
No of Quarters Played	26	10	17	
Action	Plays an additional Quarter for EN Premier League Team			
Revised Quarter total	26	10	18	<ul style="list-style-type: none"> Player is now tied to EN-PL Can no longer participate on the NS-RL, irrespective of the fact that they have only played 10 quarters for higher OPEN team



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15.2 CLUBS WITH TEAMS IN ONLY IN NS-RL OPEN DIVISIONS

Example 1- Playing for two NS-RL Open Teams

Plays 14 quarters for higher NS-RL

Player A	Open Division 2/3	OPEN Div 1/2 team	Consequence
No of Quarters Played	26	13	
Action	Plays an additional Quarter for higher OPEN team		
Revised Quarter total	26	14	<ul style="list-style-type: none"> • Player is now tied to higher Open team. • Can no longer play in lower Open team

15.3 CLUBS WITH TEAMS IN NS-RL U19, OPEN DIVISION(S) AND EN PREMIER LEAGUE (EN-PL)

Example 1- Registered for U19s also playing in OPEN and EN-PL

Plays 14 quarters for lower NS-RL before hitting quarter limit for higher NS-RL team or EN-PL

	Registered U19s	OPEN Division 2/3	OPEN Div 1/2 team	EN - PL	Consequence
No of Quarters Played	26	10	0	10	
Action	Plays 4 additional Quarters for lower Open Team				
Revised Quarter total	26	14	0	10	<ul style="list-style-type: none"> • Player is now tied to lower Open team. • Can continue to play for U19s. • Can continue to play in lower OPEN team until they play 14 quarters for higher Open team or 18 Quarters in EN PL



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Example 2 - Registered for U19s also playing in OPEN and EN-PL

Play 14 quarters across both NS-RL Open Teams

	Registered U19s	Open Division 2/3	OPEN Div 1/2 team	EN - PL	Consequence
No of Quarters Played	30	8	5	10	
Action	Plays 1 additional Quarter for lower Open Team				
Revised Quarter total	30	9	5	10	<ul style="list-style-type: none"> Player has now reached the 14-quarter limit in any higher team including Premier League Player is now tied to HIGHER Open team but can continue to play for U19s Can no longer play for lower OPEN team. Can continue to play in higher OPEN team until they play 18 Quarters in EN -PL

15.4 CLUBS WITH TEAMS IN U19 and OPEN DIVISION(S)

Example 1- Registered for U19s also playing in OPEN

Play 14 quarters in lower NS-RL Open Teams

	Registered U19s	OPEN Division 2/3	OPEN Div 1/2	Consequence
No of Quarters Played	33	13	0	
Action	Plays an additional Quarter for lower OPEN team			
Revised Quarter total	33	14	0	<ul style="list-style-type: none"> Player is now tied to lower Open team but can continue to play for U19s. Can continue to play for lower OPEN team until they reach 14 quarters played for the higher OPEN team



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Example 2- Registered for U19s also playing in OPEN

Play 14 quarters across both NS-RL Open Teams

	Registered U19s	OPEN Division 2/3	OPEN Div 1/2	Consequence
No of Quarters Played	33	13	0	
Action	Plays an additional Quarter for higher OPEN team			
Revised Quarter total	33	13	1	<ul style="list-style-type: none"> Player has now reached the 14-quarter limit in any higher team. Player is now tied to HIGHER Open team but can continue to play for U19s Can no longer play for lower OPEN team

15.5 CLUBS WITH ONLY JUNIOR TEAMS

Example 1 – Registered for one age group but also playing up

	Registered U13s	U14	U16	Consequence
No of Quarters Played	33	13	0	
Action	Plays an additional Quarter for U14s			
Revised Quarter total	33	14	0	<ul style="list-style-type: none"> Player is now tied to U14s but can continue to play for U13s C Can continue to play until they reach 14 quarters played in U16s at which point the player will be tied to U16s and can no longer play in U14s



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Example 2 – Registered for one age group but also playing up

	Registered U13s	U14	U16	Consequence
No of Quarters Played	33	13	0	
Action	Plays an additional Quarter for U16s			
Revised Quarter total	33	13	1	<ul style="list-style-type: none"> • Player has now reached the 14-quarter limit in any higher team. • Player is now tied to U16 but can continue to play in U13s • Can no longer play for U14s



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15.6 CLUBS WITH TEAMS IN JUNIORS, U19 and OPEN DIVISION(S)

Example 1- Registered for Juniors but also playing up in U19s and/or OPEN

Plays 14 quarters across Junior and U19s

	Registered U13s	U14	U16	U19	OPEN Division 2/3	OPEN Division 1/2	Consequence
No of Quarters Played	30	2	6	5	0	0	
Action	Plays 1 additional Quarter for U19s						
Revised Quarter total	30	2	6	6	0	0	<ul style="list-style-type: none"> • Player has now reached the 14-quarter limit in any higher/older team within NS-RL • Player is now tied to U19 • Can no longer play U14s or U16s but can continue to play in U13s. • Can play in OPEN team but as soon as they have played 1 quarter they are tied to the OPEN team and can no longer play for U19s.

Example 2- Registered for Juniors but also playing up in U19s and/or OPEN

Plays 14 quarters across Junior, U19s and OPEN

	U13s	Registered with U14s	U16	U19	Open Division 2/3	OPEN Division 1/2	Consequence
No of Quarters Played	N/A	41	6	6	1	0	
Action	Plays 1 Quarter for higher open team						
Revised Quarter total	N/A	41	6	6	1	1	<ul style="list-style-type: none"> • Player has now reached the 14-quarter limit in any higher/older team within NS-RL • Player is now tied to higher OPEN team. • Can no longer play U16s, U19s nor lower OPEN teams but can continue to play in U14s



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15.7 CLUBS WITH TEAMS IN JUNIORS, U19, OPEN DIVISION(S) and EN-PREMIER LEAGUE (EN-PL)

Example 1- Registered for Juniors but also playing up in U19s, OPEN, and/or EN-PL

Plays 14 quarters across Junior, OPEN plus quarters in EN-PL

	Registered with U14s	U16	U19	Open Division 2/3	OPEN Div 1/2 team	EN-PL	Consequence
No of Quarters Played	30	4	4	4	0	5	
Action	Plays 2 additional Quarter for Higher OPEN Team						
Revised Quarter total	30	4	4	4	2	5	<ul style="list-style-type: none"> • Player has now reached the 14-quarter limit in any higher/older team with NS-RL. • Player is now tied to Higher OPEN team. • Can no longer play NS-RL U16s, U19s, nor lower OPEN team but can continue to play in NS-RL U14s • Can play in Higher OPEN team until they play 18 Quarters in EN - PL at which point they can only play EN-PL and U14s

Example 2- Registered for Juniors but also playing up in U19s, OPEN, and/or EN-PL

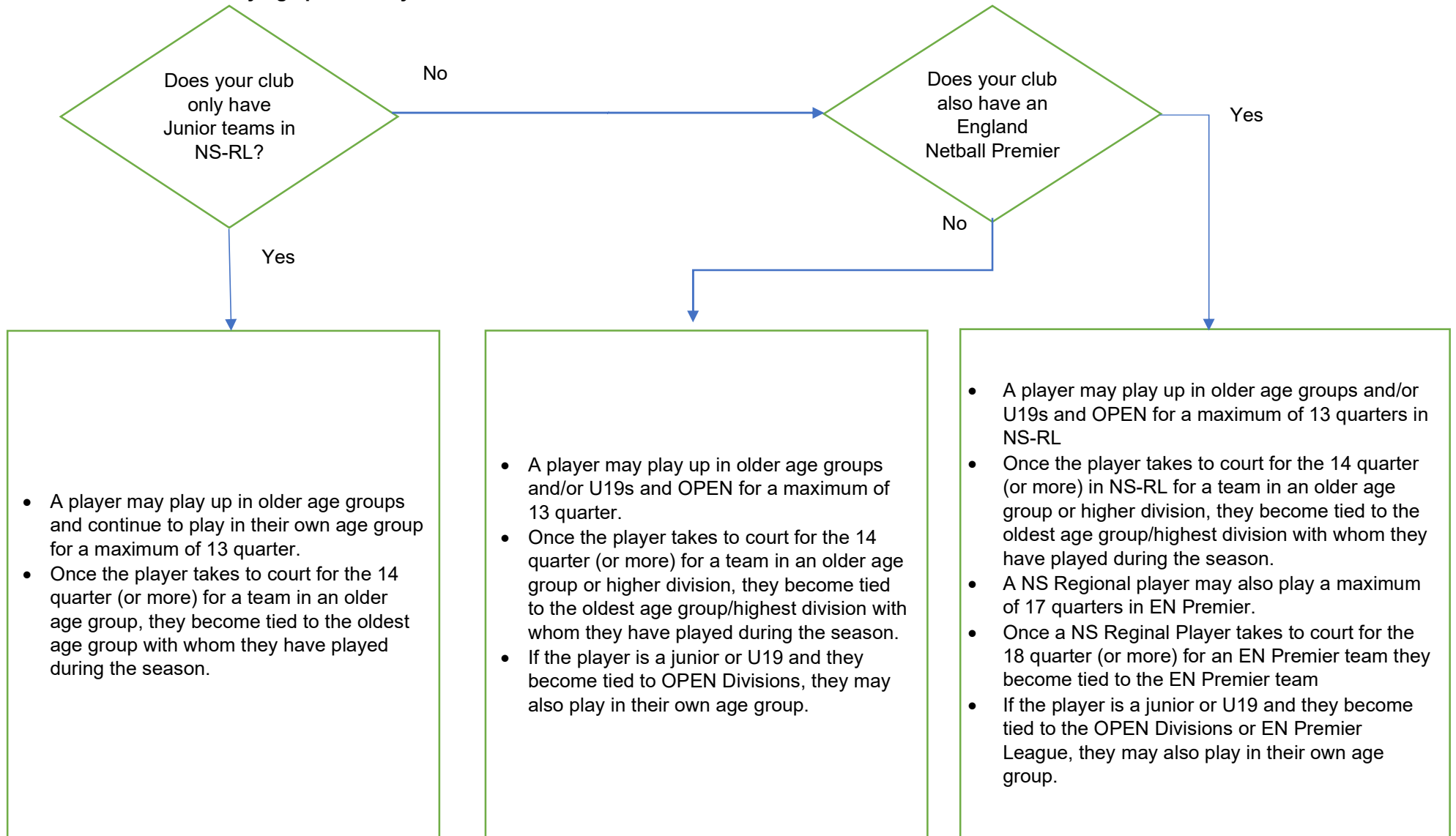
Plays 14 quarters across Junior, OPEN plus 18 quarters in EN-PL

	Registered U16	U19	Open Division 2/3	OPEN Div 1/2 team	EN-PL	Consequence
No of Quarters Played	30	4	4	4	16	
Action	Plays 2 additional Quarter for EN-PL					
Revised Quarter total	30	4	4	4	19	<ul style="list-style-type: none"> • Player has reached 18 quarters in EN-PL • Now tied to EN-PL and NS-RL U16s • Can no longer play NS-RL U19s nor OPEN Divisions but can continue to play in NS-RL U16s.



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15.8 Playing up Summary





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APPENDIX 5 - HANDBOOK DOCUMENT VERSION CONTROL

Version Control

Version	Type	Author	Reviewers	Date
0.1	Draft	Toni Brunsdon	Carol Pring Zoe Cliftlands	03 July 2024
0.2	Draft	Toni Brunsdon	Carol Pring Zoe Cliftlands RMB Board	16 July 2024
0.3	Final Draft	Toni Brunsdon	NS-RL Teams	03 August 2024
1.0	Final	Toni Brunsdon		13 August 2024